

<i>1. Speech</i>	
4	Normal speech processes
3	Detectable speech disturbance
2	Intelligible with repeating
1	Speech combined with nonvocal communication
0	Loss of useful speech
<i>2. Salivation</i>	
4	Normal
3	Slight but definite excess of saliva in mouth; may have nighttime drooling
2	Moderately excessive saliva; may have minimal drooling
1	Marked excess of saliva with some drooling
0	Marked drooling; requires constant tissue or handkerchief
<i>3. Swallowing</i>	
4	Normal eating habits
3	Early eating problems — occasional choking
2	Dietary consistency changes
1	Needs supplemental tube feeding
0	NPO (exclusively parenteral or enteral feeding)
<i>4. Handwriting</i>	
4	Normal
3	Slow or sloppy; all words are legible
2	Not all words are legible
1	Able to grip pen but unable to write
0	Unable to grip pen
<i>5a. Cutting food and handling utensils (patients without gastrostomy)?</i>	
4	Normal
3	Somewhat slow and clumsy, but no help needed
2	Can cut most foods, although clumsy and slow; some help needed
1	Food must be cut by someone, but can still feed slowly
0	Needs to be fed
<i>5b. Cutting food and handling utensils (alternate scale for patients with gastrostomy)?</i>	
4	Normal
3	Clumsy but able to perform all manipulations independently
2	Some help needed with closures and fasteners
1	Provides minimal assistance to caregiver
0	Unable to perform any aspect of task
<i>6. Dressing and hygiene</i>	
4	Normal function
3	Independent and complete self-care with effort or decreased efficiency
2	Intermittent assistance or substitute methods
1	Needs attendant for self-care
0	Total dependence
<i>7. Turning in bed and adjusting bed clothes</i>	
4	Normal
3	Somewhat slow and clumsy, but no help needed
2	Can turn alone or adjust sheets, but with great difficulty
1	Can initiate, but not turn or adjust sheets alone
0	Helpless
<i>8. Walking</i>	
4	Normal
3	Early ambulation difficulties
2	Walks with assistance
1	Nonambulatory functional movement
0	No purposeful leg movement
<i>9. Climbing stairs</i>	
4	Normal
3	Slow
2	Mild unsteadiness or fatigue
1	Needs assistance
0	Cannot do
<i>10. Dyspnea (new)</i>	
4	None
3	Occurs when walking
2	Occurs with one or more of the following: eating, bathing, dressing (ADL)
1	Occurs at rest, difficulty breathing when either sitting or lying
0	Significant difficulty, considering using mechanical respiratory support
<i>11. Orthopnea (new)</i>	
4	None
3	Some difficulty sleeping at night due to shortness of breath, does not routinely use more than two pillows
2	Needs extra pillows in order to sleep (more than two)
1	Can only sleep sitting up
0	Unable to sleep
<i>12. Respiratory insufficiency (new)</i>	
4	None
3	Intermittent use of BiPAP
2	Continuous use of BiPAP during the night
1	Continuous use of BiPAP during the night and day
0	Invasive mechanical ventilation by intubation or tracheostomy